

20<sup>th</sup> October  
2023



## St Mary's and St Benedict's RC Primary School

Website: [www.smsb.lancs.sch.uk](http://www.smsb.lancs.sch.uk)

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	Star of the Week	Reader of the Week
Benedict	Ava-Grayce and Sienna	Kingsley
Finch	Simon and Hanna	George
Haydock	Janith and Emily	Casper
Marsden	Lucas and David	Theon
Mary	Dominic and Jack	Anu
Rigby	Gordon and Demi-Jo	Lacey
Southworth	Maisie and Finley	Stanley
Ward	William and Piotr	Chloe
Woodcock	James C and Nikifor	Kyle



**Parents' Evening** – Thank you to everyone who attended Parents' Evening on Wednesday. It was a really good turn out and we received many positive comments.

**World Mental Health Day** – To celebrate World Mental Health Day in school last week, the children took part in a number of workshops and activities carried out by the CAHMS team.

The workshops looked at different emotions, ways to control our emotions and looking after our mental health. KS2 looked at mindfulness and relaxation techniques and KS1 designed and made their own worry monsters to help them relax and forget about their worries. A great time was had by all the children in school celebrating World Mental Health Day.

**Year 6 High School Applications** – Please remember the deadline to apply for a high school place for September 2024 is 31<sup>st</sup> October.  
[www.lancashire.gov.uk/schools](http://www.lancashire.gov.uk/schools)



**Rock Steady Music School** - This week in school we had a visit from Rock Steady music school, introducing us to a range of different electric instruments and singing some familiar songs. The children got the chance to take part in workshops; finding out a little more about each instrument and how they work. Some of the children formed a group and sang 'We Will Rock You!' Everyone had a great time and loved getting involved with some hands-on music. If you are interested in signing up your child for these extra music lessons the children were given a letter to take home. Spare letters are available in the office.



**CAFOD Coffee Morning** – Thank you to all those who came to our Coffee Morning yesterday and to everyone who helped out. We raised just over £40 which is enough to build a natural barrier for a village in Bangladesh. Bangladesh is one of the countries most at risk from the effects of the climate crisis. Families in the coastal region are finding it more difficult to recover every time a devastating cyclone or flood hits. £40 can provide 16 trees; a good way to protect a village in extreme weather.

**October Half-Term Activities** – South Ribble Borough Council have secured funding to offer half-term activities for children in South Ribble. They target children in receipt of benefit related free school meals, but won't turn any child away if there are spaces available. They have many activities on offer from dance to scooting, gymnastics to tennis. For further information, please visit:

<https://www.southribble.gov.uk/article/2768/Timetable-and-Booking>

**'Bonfire Night' Themed Lunch** - The Catering Service are offering a 'Bonfire Night' themed lunch on Wednesday 1<sup>st</sup> November. It will consist of a crispy chicken tower burger, onion ring, cheese, lettuce and mayo or a cheese and tomato catherine wheel pizza with smokey potato wedges, BBQ dip, sweetcorn or beans. Jacket Potato with a choice of fillings are also on offer. The dessert will be a sticky toffee cup cake. If your child would like to join in the fun and they don't currently have school meals, please order and pay (unless your child gets free meals) on ParentPay.



**We Need A PTA!** – Thank you to all those who have expressed an interest in joining the PTA. A welcome meeting will be arranged after half-term.

**Lancashire Post Reception Photos** - Following on from the new Reception intake photo Lancashire Post took recently, we have been informed that their First Class Picture Special will appear in the Lancashire Post on Thursday 2<sup>nd</sup> November.