# **EYFS - Target Games**



Send	Feet	Kick
Accuracy	Throw	Challenge
Power	Roll	Equipment
Hands	Strike	Safety

## **KS1 - Target Games**



**Throwing** 

Accuracy

**Distance** 

**Moving target** 

Power

**Timing** 

**Different heights** 

**Speed** 

Consistency

**Obstacles** 

## **LKS2 - Target Games**



Area (defined)

**Equipment** 

More complex skills

**Body position/stance** 

Grip

**Specific techniques** 

**Hand-eye coordination** 

### **UKS2 - Target Games**



**Application (to sports)** 

Success (own/others)

**Rules** 

**Terminology (simple)** 

**Encouragement** 

Safety

Communication

**Best performance** 

Spatial awareness

**Teamwork**