



St Mary's & St Benedict's R.C. Primary School Catering Menu for Autumn/Winter 2024/25



Week 1

Week commencing:

11th November
2nd December
23rd December
13th January
3rd February
24th February
17th March
7th April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice A	Chicken & vegetable curry, with naan bread & rice	Butter Pie with vegetables	Roast chicken or Quorn fillet with potatoes and vegetables	Burger in a bun with potato wedges & vegetables	Margherita Pizza with chips & vegetables
Choice B	Tomato & mascarpone pasta with herby bread	Chilli Con Carne with rice & vegetables	Macaroni Cheese with crusty bread	Fresh tomato pasta with homemade doughballs	Fish (or fish fingers) and chips with vegetables
Choice C	Jacket Spud with tuna, cheese &/or beans	Jacket Spud with tuna, cheese &/or beans	Only two choices on a Wednesday	Jacket Spud with tuna, cheese &/or beans	Choice of sandwich or wrap with salad

Week 2

Week commencing:

28th October
18th November
9th December
30th December
20th January
10th February
3rd March
24th March
14th April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice A	Vegetarian sausage roll with ketchup and potatoes	Chicken (or Veg) burger in a bun with potato wedges	Pork (or Quorn) Sausage with mash & vegetables	Chicken & vegetable curry, with naan bread & rice	Margherita Pizza with chips & vegetables
Choice B	Freshly made pizza with tortilla chips and salad	Fresh tomato pasta with homemade doughballs	Choice of sandwich or wrap with salad	Tomato & mascarpone pasta with herby bread	Fish (or fish fingers) and chips with vegetables
Choice C	Jacket Spud with tuna, cheese &/or beans	Jacket Spud with tuna, cheese &/or beans	Only two choices on a Wednesday	Jacket Spud with tuna, cheese &/or beans	Choice of sandwich or wrap with salad

Week 3

Week commencing:

4th November
25th November
16th December
6th January
27th January
17th February
10th March
31st March
21st April

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Choice A	Sausage, omelette, potato cubes & baked beans	Traditional Hot Pot with mashed potato and vegetables	Roast chicken or Quorn fillet with potatoes and vegetables	Puff pastry, cheese spiral with herby wedges & beans	Margherita Pizza with chips & vegetables
Choice B	Fish Fingers with potato cubes & peas or sweetcorn	Tomato & mascarpone pasta with herby bread	Chicken & vegetable curry with naan bread & rice	Pasta Bolognaise with homemade doughballs	Fish (or fish fingers) and chips with vegetables
Choice C	Jacket Spud with tuna, cheese &/or beans	Jacket Spud with tuna, cheese &/or beans	Only two choices on a Wednesday	Jacket Spud with tuna, cheese &/or beans	Choice of sandwich or wrap with salad

Whilst every effort is made to produce the published menus, please note that they may vary occasionally, subject to availability and individual school requirements. A pudding is available each day, but this varies according to what is available – it could be jelly, or a shortbread biscuit or cheese with cream crackers etc

All our menus are checked using a recognised programme to analyse nutrition. We also work with Lancashire Healthy Schools and support the Change 4 Life campaign.